Mountrath Ballyfin Online Newsletter

21st - 22nd Sept. 2024 25th Sun. in Ord. Time.

Leading Prayer Training Session - Follow Up

On Thurs. 18th June a Training Session was undertaken at St. Peter and Paul Parish Church, Portlaoise with a view to setting up a team of people who would be willing to Lead a "Liturgy of the Word, with Communion" Celebration on a Sunday morning in the event of an ordained minister not being available to celebrate Mass.

To follow on from this we have arranged a Meeting for Thurs. 3rd Oct. at 7.30 pm to be held in Bloom HQ Mountrath (Old Convent)

If you attended the Training Session in Portlaoise Church on 18th June, we now invite you to attend this Meeting

(This Meeting is for both Mountrath and Ballyfin Parishes)

Baptism Preparation Team

Meeting Tues. 8th Oct. in Bloom HQ. (Old Convent) Time 7.30 pm

Diary Date 2025

Ceremony of Confirmation in Ballyfin Parish will be celebrated in St. Fintan's Church, Ballyfin on Fri. 23rd May 2025

Ceremony will commence at 11.00 am

The Ceremony of Confirmation will be led by Bishop Denis Nulty

1st Holy Communion Days in 2025 Mass Dates and Times

Gaelscoil Thromaire Sunday 4th May 2025

The Hollow Church - 9.00 am

Barnashrone National School Sunday 4th May 2025 St. Fintan's Church, Ballyfin Time 2.00 pm

Scoil Bride, Mountrath.

St. Fintan's Boys School, Mountrath

Sunday 11th May 2025 St. Fintan's Church, Mountrath Time 11.30 am

Ballyfin National School Sunday 25th May 2025 St. Fintan's Church, Ballyfin Time 2.00 pm

Sacrament of 1st Penance

The Sacrament of 1st Penance (with children preparing for 1st Holy Communion) will be celebrated in March of next year.

Details of dates, times and venues will be arranged in due course.

Joan Phelan (née Fitzpatrick) Rose Vale, Shannon Rd., -Formerly Rathdowney, R.I.P.

We pray for Joan who died peacefully on Sat. 14th Sept. Joan's Funeral Mass was celebrated in Church of the Most Holy Trinity, Rathdowney on Tues. 17th Sept., followed by burial in Mountrath Cemetery. We extend sympathy to her brother John and family, sisters-in-law Catherine and Kay, nephews Rory and Cathal, nieces Shusha and Mary-Anne and families, grandnieces, grand - nephews, great grandnieces, great grandnephews, extended family, neighbours and friends. From reading through the many tributes on RIP.ie, I discern that Joan was Librarian in Mountrath Library for 37 years, initially in the old Library building which was situated on Shannon Rd, and afterwards, in the new Library building, on Shannon St.,

May Joan rest in the peace of Christ.

St. Fintan's Parish, Mountrath — Ballyfin 25th Sunday in Ordinary Time

Parish Contacts

Website www.mountrathparish.ie

Email - jmbrophy2@gmail.com Name of Parish App.

Mountrath and Ballyfin Parishes

"Do This in Memory" Masses

Enrolment Masses next Weekend

Saturday 28th September

Mountrath Church 7.00 pm

Sunday 29th September

Ballyfin Church 10.00 am

Scoil Bhride Celebrating

40th Anniversary

of the Opening of their School

at Stillbrook

Sun. 29th Sept. 2.00 pm - 5.00 pm You

are most welcome to attend this very

special occasion

Dates of "Do This in Memory" Masses, Mountrath and Ballyfin, 2024/25

Preparation Masses for 1st Holy Communion 2025.

Enrolment Mass: Mountrath Church Saturday 29th September Time 7.00 pm

Enrolment Mass: Ballyfin Church Sunday September 29th Time 10.00 am

"Do This In Memory" Masses

Mountrath Ballyfin

Saturday 19th Oct. Saturday 8th Feb. Sunday 20th Oct Sunday 9th Feb.

Saturday 16th Nov. Saturday 8th March Sunday 17th Nov Sunday 9th March

Saturday 14th Dec Saturday 5th April Sunday 15th Dec Sunday 6th April

Saturday 11th January Sunday 12th Jan

1st Holy Communion Preparation - Continued

All candidates preparing to receive 1st Holy Communion in May of next year are required to attend all these Masses with their parents or guardian.

Ref. Mountrath Parish

If, for whatever reason, you are unable to bring your child to Saturday evening Mass in Mountrath you are most welcome to bring you child to the Sunday morning Mass in Ballyfin Church at 10.00 am on the following morning.

Ref. Ballyfin Parish

If, for whatever reason, you are unable to bring your child to Sunday morning Mass in Ballyfin you are most welcome to bring you child to the Saturday evening Mass in Mountrath Church at 7.00 pm on the previous evening.

Guide Dogs for the Blind

Irish Guide Dogs for The Blind, Church Gate Collection on Sat. 28th Sun. 29th Sept.

Your continued and generous support is very much appreciated.



<u>Ireland's Biggest Coffee Day Thursday 26th September 2024</u> Have a cuppa in aid of Laois Hospice Foundation

This year Laois Hospice coffee morning takes place on Thursday 26th September (or you can host on any day that suits you). Ireland's Biggest Coffee Morning sponsored by Bewley's and marks the 32nd Anniversary of the campaign.

Can you host a coffee day in your home or with colleagues in work to raise much needed funds for Laois Hospice to ensure we continue to provide vital support to individual patients and their families? If you would like to host a coffee morning please contact Mary Delaney on 086-8157280 or Irene Murray on 087-2897753 or Jennifer McKay on 087-2945420 for supply of coffee.

So please wherever you are, get brewing, invite friends /colleagues and renew friendships over a cuppa and donate to Laois Hospice.

All monies collected in Laois are spent on hospice services in Laois.

Host a coffee morning for Hospice and if you can't host please donate; www.hospicecoffeemorning.ie/donate

Thanks you for your continued support to Laois Hospice and remember every cup counts

Thanks you for your continued support to Laois Hospice and remember every cup counts

Season of Creation 2024 Prayer

Triune God. Creator of all. We praise you for your goodness, visible in all the diversity that you have created, making us a cosmic family living in a common home. Through the Earth you created, we experience love and nourishment,

home and protection.

We confess that we do not relate to the Earth as a Mothering gift from you, our Creator.

Our selfishness, greed, neglect, and abuse have caused the climate crisis, loss of biodiversity, human suffering as well as the suffering of all our fellow creatures.

We confess that we have failed to listen to the groans of the Earth, the groans of all creatures, and the groans of the Spirit of hope and justice that lives within us.

May your Creator Spirit help us in our weakness, so that we may know the redeeming power of Christ and the hope found in him.

May the groans of the Spirit birth in us a willingness to serve you faithfully, so that we may hear and heal Creation, to hope and act together with her, so that the firstfruits of hope may blossom.

Loving and Creator God, we pray that you will make us sensitive to these groans and enable us to have the same compassion as that of Jesus, the redeeming Lord.

Grant us a fresh vision of our relationship with Earth, and with one another, as creatures that are made in your image. In the name of the one who came to proclaim the good news to all Creation, Jesus Christ, Amen

If you wish to contribute directly through your Bank account to Parish funds Here are our Bank Account details

Ballyfin Parish - (A.I.B. Portlaoise Branch)

Lyster Square, Portlaoise.

Name of Account - Ballyfin Parish Pastoral Council

IBAN - IE44 AIBK 9332 7900 203030

BIC. - AIBKIE2D

Mountrath Parish - Bank Account Details

(Bank of Ireland) (Portlaoise Branch)

Name - Mountrath Parish Current Account -

Account number - 7274 7250

IBAN - IE93 BOFI 9018 2972 7472 50 -

BIC. - BOFIIE2D

If contributing to Parish directly through our bank account please include your own name as the reference.

Thank you for your generous support of Mountrath and Ballyfin Parishes

Arranging Anniversary Mass or Month's Mind Mass

The traditional way of arranging an Anniversary Mass remembrance was by visiting the Sacristy before or after Mass and making the necessary arrangement with the priest, who wrote the intention into the Anniversaries Diary, there and then.

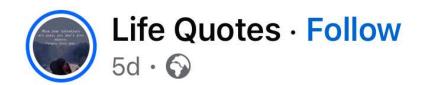
However, since Covid this practice has changed.

Arrangements for Anniversary Mass remembrances and Month's Mind Masses are, more often than not, now arranged by email, text message, whatsapp, by phone, among many other ways. Which is great.

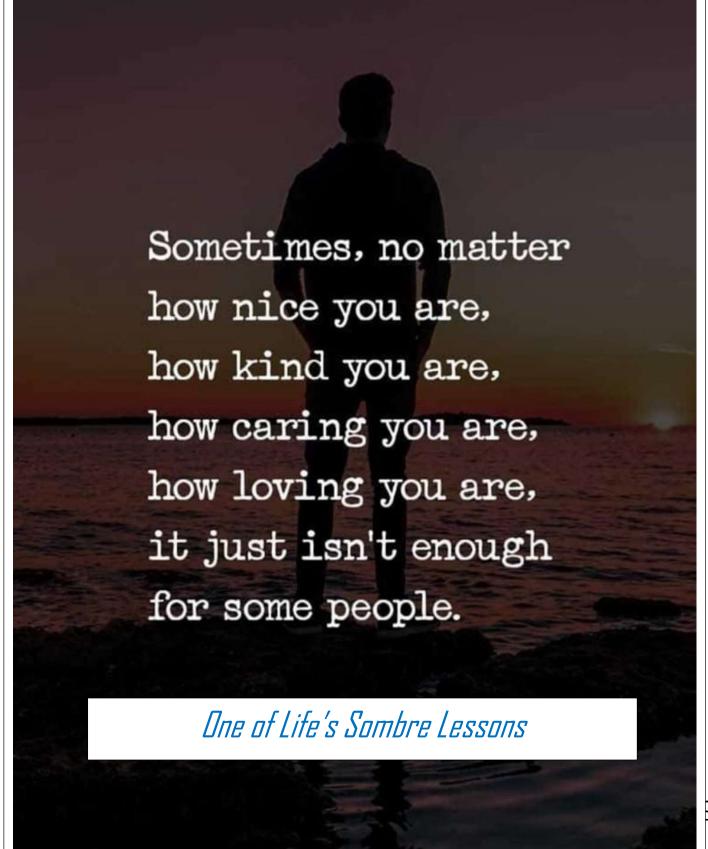
On the down-side, it can be quiet difficult to keep track of all these ways. Sometimes emails can go to folders on the computer other than the main folder and
are not seen straight away. The same can apply to text messages and Whatsapp.
messages. This can cause a problem when I have no knowledge of these emails /
messages coming in and are sometimes not detected at the time.

Can lask you -

if you send me an email, text message or a message on Whatsapp, or any way, other than visiting the Sacristy, requesting an Anniversary Mass remembrance or arrangements for a Month's Mind Mass and don't hear from me or don't see the relevant name / names in the Newsletter, please give me a call on 087 241 1594







Adult Literacy for Life (For Everyone)

Do you know that in Ireland, 1 in 6 adults struggle with reading and writing,

1 in 4 adults struggle with maths and 1 in 2 adults struggle with digital skills?

Do you or a family member need to improve your reading, writing, maths or ... digital skills?

We can help. All courses are free.

Contact: Kilkenny Adult Learning Service (KCETB) 056 776 3149 or Carlow Adult . Learning Service (KCETB) 059 913 5544 or freephone 1800 20 20 65

or email allinnovation@solas.ie

People, their families and carers, who are ill or unwell – at home, in hospital or Nursing Home or undergoing any surgical or medical procedures.
We wish them a speedy recovery

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne
Mountrath Parish Caroline Moore and Pachelli Walsh
Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph: 085 802 163

Visit of Relic of St Bernadette

In September and October this year, the relics of Saint Bernadette will journey on pilgrimage to Ireland for the very first time, visiting every diocese in the country. This very special, once-in-lifetime event will provide an opportunity for people of all ages and backgrounds to experience the special gifts and charisms of Lourdes in their diocese. The relics of St Bernadette will visit Kildare and Leighlin this October, on the 7th in Carlow Cathedral and on the 8th in Portlaoise Parish. Further details relating to the visit to Kildare & Leighlin to follow.

Kildare and Leighlin Safeguarding Training Schedule

Autumn/Winter at Portlaoise Parish Centre

2. Full Day Safeguarding Training Sat. 12th Oct. 10am-4pm



Ballyfin Anniversaries

Mass Times Anniversaries

Sat. 21st - Sun. 29th Sept.

Fri. 20th Sept. 5.00 pm Exposition of Blessed Sacrament.

Sat. 21st Sept. 8.00 pm Pat and Ann Dunne, Cappanrush and

Deceased members of Dunne and Madden families.

Sun.22nd Sept.10.00 am 25th Sun. In Ordinary Time

Mon. 23rd Sept. 7.00 pm Apostolate of Sanctification.

Fri. 27th Aug. 5.00 pm Exposition of Blessed Sacrament.

Sat. 28th Aug. 8.00 pm

Sun. 29th Sept. 10.00 am "Do This In Memory" Enrolment Ceremony.

with $\mathbf{1}^{\mathrm{st}}$ Holy Communion children of Ballyfin Parish who are preparing .

to receive their 1st Holy Communion in May of next year.

Mon. 30th Sept. 7.00 pm Apostolate of Sanctification

Lord, for your faithful people, Life is changed, Not ended

Mountrath Anniversaries

Mass Times Anniversaries

Sat. 21st to Sun. 29th Sept.

Sat. 21st Sept 7.00 pm Mary Wallis, Stillbrook. Month's Mind.

Denise Delaney (Nee Reynolds) Kiln Lane. 1st Anniv.

Joseph and Maureen Kirwan, Clonard

Sun. 22nd Sept 9.00 am The Hollow Ch.

. 11.30 am 25th Sun. in Ord. Time.

Tues. 24th Sept. 10.00 am People who are ill.

Wed. 25th Sept. 10.00 am at this time

Thurs 26th Sept 10.00 am

Fri. 27th Sept. 10.00 am Altar List of the Dead.

Sat.. 28th Sept. 7.00 pm Rose Murphy, Patrick St. 2nd Anniv.

Marie O'Rourke, Kiln Lane 7th Anniv.

"Do This In Memory" Enrolment Ceremony. with 1st Holy Communion children of Mountrath Parish who are preparing to receive their 1st Holy Communion in May of next year.

Sun. 29th Sept.. 9.00 am The Hollow Ch.

11.30 pm Seán Dooley, Fr. O'Connor Cresc. Month's Mind Patricia Quearney, New Line Road, 2nd Anniv. Anthony (Anton) Heffernan, Ringstown. 6th Anniv. And his grandfather, Joseph Fitzpatrick, Clonin.

Month's Mind Mass

Sat. 5^{th} Oct. 7.00 pm Frances Thompson (nee Doocey) Woodbrook.

We pray for Aidan Sinnott, Gort ná Nore, Abbeyleix, (formerly Lower Sconce) who died on Sat. 14th Sept. *May Aidan rest in peace*

Lord, for your faithful people, Life is Changed, Not ended.

Fatima Pilgrimage 2025

The Diocesan Office has circulated details of the Diocesan Pilgrimage to Fatima at Easter 2025. I have included all relevant information received from the Diocesan Office on my Online Newsletter

(See below - from Page 71)

Medjugorje Pilgrimages

April – Oct 2024. 7 Nights Apartment B&B from €273 per person sharing. Airport transfer available on request. Contact us for details and book the dates that suit you. Tel. 01 4434510 or website www.med-irishcentre.com

Visit of Relic of St Bernadette

Church of St. Peter and Paul, Portlaoise Tues. 8th October.

Relevant times yet to be published

Mountrath Community School

Beginning of New School Year Mass

at

St. Fintan's Church, Mountrath - Wed. 2nd Oct. Commencing at 12.00 midday





Mountrath Parish Lotto 19th Sept.

Nos. Drawn 8 10 18 23

No Jackpot Winner

15 Match 3's Won € 67 each

2 Local Winners

Winner Promoter

Morrin Family Teresa Morrin

Bernie Tynan Bernie Tynan

Next Week's Lotto € 20,000

Thank you for your generous support

Ballyfin Parish Lotto 18th Sept.

Next Week's Jackpot €15,000

Thank you for your generous support

Mountrath Ballyfin Lottos

Next Week's



Ballyfin

€ 15,000

Mountrath € 20,000

The RSA's 'Check it Fits' Service is coming to Laois - Date of Email Sep 19, 2024

RSA Check it Fits - Child Safety in Cars < Checkitfits@rsa.ie

to dfitzpatrick@carrcommunications.ie

This October the RSA's Check it Fits service will be visiting County Laois. Did you know it's the law that all children under 150cms or 36kgs must use a child car seat appropriate to their weight and height. In Ireland as many as 4 out of 5 child car seats are incorrectly fitted which can lead to serious injury or even death in a collision.

Since the start of 2023, the RSA's 'Check it Fits' Service has checked over 30,000 child car seats and restraints in Ireland. Worryingly, 79% of seats required a major adjustment, of which 3% were deemed not fit for purpose and condemned, meaning they could have caused injury or even death in the event of a collision.

The Check it Fits service is quick, it's easy, it's free. On the day our experts will advise on how to fix any problem, demonstrate how to fit the restraint correctly and answer any queries participants might have. Our experts aim to put parent's, grandparent's and guardian's minds at ease that their child's car seat is safely and securely fitted in their car.

We will be visiting the following locations in Laois:

Location	Street	Town	Date	Time
	Name			
Aldi	Kylekiproe	Kylekiproe,	Tuesday,	10.00am
Portlaoise	Rd	Portlaoise,	15th	- 5.30pm
		Co. Laois	October	
McLoughlin's	The	Droughill,	Wednesday,	10.00am
SuperValu	Arlington	Portarlington	16 th October	- 5.30pm
Portarlington	Centre			

We would be delighted if you could help us to raise awareness of child safety in cars by letting colleagues, friends, family members and any other relevant contacts know about our upcoming visit to Laois. We have included a copy of our poster which may be useful for promoting the 'Check it Fits' Service in your workplace and local community also.

If you have any questions or require any additional information please let us know for more information on the service visit www.checkitfits.ie.

Kind regards The Check it Fits Team

Click here to view our calendar of locations www.rsa.ie/checkitfits

Click here to like our Facebook page www.facebook.com/RSAIRELAND

Click here to follow us on Twitter www.twitter.com/RSAIRELAND

Click here to follow us on Instagram https://www.instagram.com/rsaireland/

Don't let your child be a statistic. Get your child car seat checked.

Events In Bloom HQ

Events In Bloom HQ

Events In Bloom HQ

Mum & Baby/Toddler Gym class



10 am Tuesday

starting 24th September

€ 50 for 6 Weeks



Contact Ruth 089 264 7761

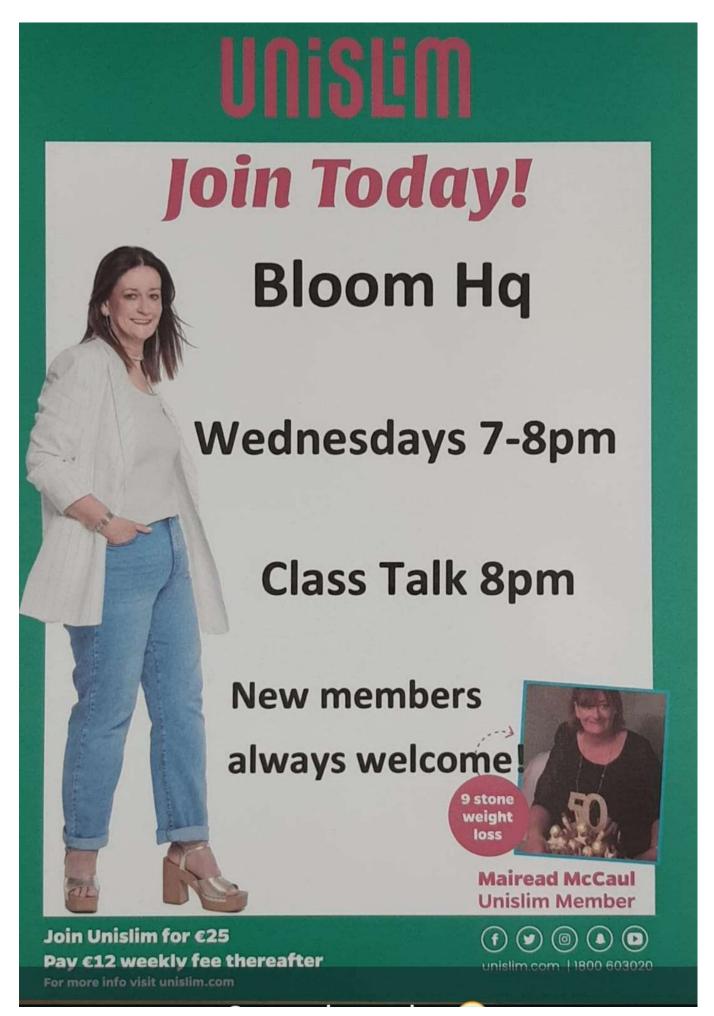
Mountrath Health & Fitness Academy, Patrick st, Mountrath, R32 DC58

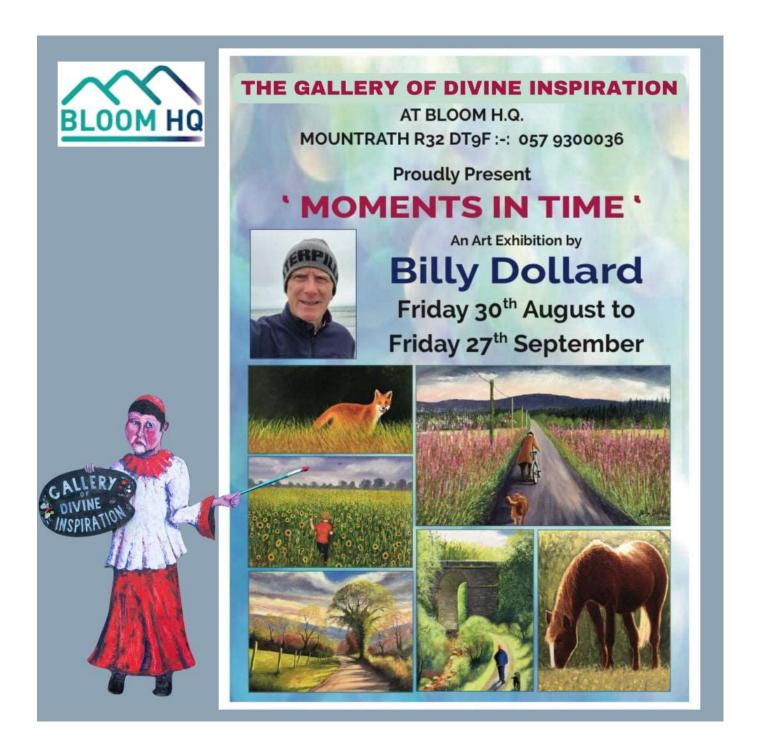
















Saturdays 12-1 pm 6 weeks starting 14th September



Mountrath Health & Fitness Academy, Patrick st, Mountrath R32 DC58

€ 60 for 6 weeks

Sabrina 087 646 7305

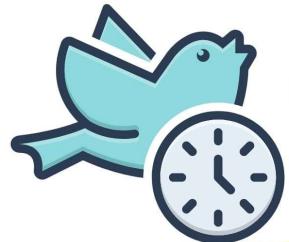
https://www.mountrathgym.com/memberships/pilatesinmountrath







Early Bird HITT classes



6 am Tuesday & Thursday

Starting Tuesday 17th September

8 week block x 2 classes a week € 130

Plus bonus Saturday 10 am classes for free



Come join
our new
trainer Tobi
and get
stronger,
fitter and
healthier at
our Early
Bird class!



For more info contact Ruth on 089 2647761

At Mountrath Health & Fitness Academy, Patrick St, Mountrath R32 DC58









Mum & Baby/Toddler Gym class



10 am Tuesday

€ 50 for 6 Weeks



Contact Ruth 089 264 7761

Mountrath Health & Fitness Academy, Patrick st, Mountrath, R32 DC58









Lower Body Classes

Have you been injured/had a fall?



Are you attending a Physio and need extra support?

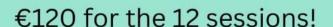


Here in Mountrath Health &
Fitness Academy we are putting
together a program to help you
progress your healing more
quickly!

Starting September Tuesdays & Thursdays 8.15-9 pm

Limited to 6 people

6 weeks twice a week, 45 min sessions Pre program Ruth will go through your current exercises and injuries then develop a program to help all heal and increase Mobility, Flexibility, Balance & Strength.





VENUE

BLOOMHQ, PATRICK ST, MOUNTRATH, R32 DC58

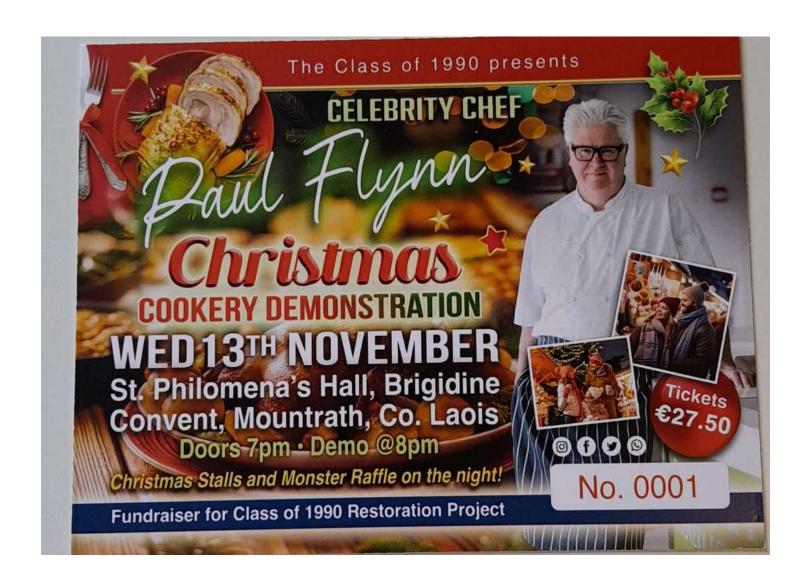


Contact Ruth 089 264 7761











Upper Body Classes

Have you been injured/had a fall?

Are you attending a Physio and need extra support?



BLOOMHQ, PATRICK ST, MOUNTRATH , R32 DC58



Here in Mountrath Health &
Fitness Academy we are putting
together a program to help you
progress your healing more
quickly!



Starting September 24th
Tuesdays & Thursdays 6 -6.45 pm

Limited to 6 people

6 weeks twice a week, 45 min sessions
Pre program Ruth will go through your current
exercises and injuries then develop a program to
help all heal and increase Mobility, Flexibility,
Balance & Strength.



€120 for the 12 sessions!

Contact Ruth 089 264 7761







Book on

https://mountrathgym.squarespace.com/memberships/upperbodyinjuryclass

Lower Body Classes

Have you been injured/had a fall?



Are you attending a Physio and need extra support?

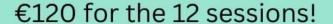


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VENUE

BLOOMHQ, PATRICK ST, MOUNTRATH, R32 DC58



Contact Ruth 089 264 7761







Music Teachers wanted



for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895

LOOKING FOR AN

OFFICE TO RENT

IN LAOIS?

FULLY SERVICED
OFFICES
FREE PARKING
CANTEEN
POSTAL ADDRESS
PHOTOCOPYING

OR OR OR OR OR

MANAGER@BLOOMHQ.IE

Bloomhq, Patrick St, Mountrath R32 DC58





Basketball in Mountrath

Now 11-12 am Saturdays





Kids 6-10 years 1 hour sessions



€2 per child per session



Outside in Bloomhq or in Philomena's hall if raining!

Contact Ruth 089 264 7761

BLOOMHQ, PATRICK ST,

MOUNTRATH, R32 DC58

VENUE







Monday

10 am Mature Movers
11 am Activator Poles Inc.
7 pm Mixed Circuit Training
(suitable for Beginners & Advance)
7 pm Karate*

Tuerday

10 am Beginner TRX 7 pm Ged Fit*

Wednesday

11 am Mature Movers 7 pm Mixed Circuit Training 7-8 pm BJJ (8-12) 8-9 pm BJJ (13+)

Thursday

7 pm Ged Fit*

Friday

5.30 pm Kickboxing (3-7)*6.30 pm Kickboxing (8-12)*7.30 pm Kickboxing (13+)*

Saturday

9 am Circuit Training 10 am BJJ (8-12) 11 am BJJ (13+) 12 am Pilates*

PAYG and Members Always Welcome

*These Classes are not included in the Membership fee

Music Classes in Mountrath



Trad Music

Saturdays from 11 am 6 + years





Piano

Sunday mornings 5+ years €20 per 30 min lesson Heather 083 054 7772







Mature Movers

50 + Gym Classes

Strength
Flexibility
Balance
a bit of Endurance
& a lot of Fun





6 week block starting Monday 19th August

Mondays 10 am & Wednesdays 11 am

45 mins in Mountrath

€ 60 for 6 weeks

Contact Ruth 089 264 7761









Pilates

Saturdays 12-1 pm 6 weeks starting 14th September



Mountrath Health & Fitness Academy, Patrick st, Mountrath R32 DC58

€ 60 for 6 weeks

Sabrina 087 646 7305

https://www.mountrathgym.com/memberships/pilatesinmountrath







Seated Exercise Adult Inc Class



11 am Thursdays

€4 per class

Contact Ruth 089 264 7761

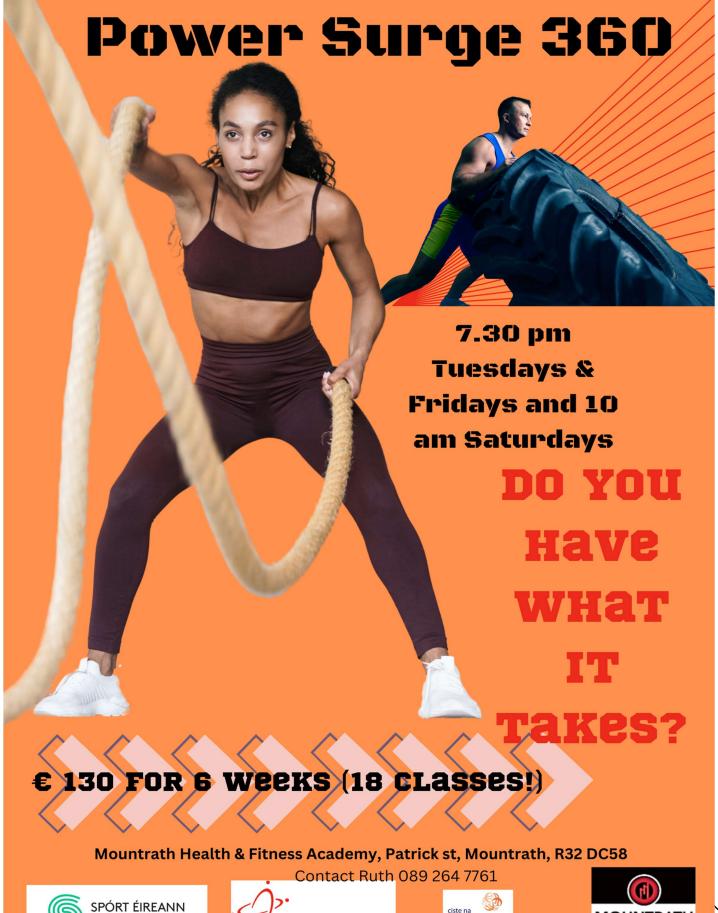
Mountrath Health & Fitness Academy, Patrick st, Mountrath, R32 DC58











LAOIS SPORTS PARTNERSHIP COMHAR SPÓIRT NA LAOISE

SPORT IRELAND

MOUNTRATH Martial Arts & Fitness Academy

ciste na gcuntas díomhaoin

Early Bird HITT classes



6 am Tuesday & Thursday

Starting Tuesday 17th September

8 week block x 2 classes a week € 130

Plus bonus Saturday 10 am classes for free



Come join
our new
trainer Tobi
and get
stronger,
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Bird class!



For more info contact Ruth on 089 2647761

At Mountrath Health & Fitness Academy, Patrick St, Mountrath R32 DC58









Mum & Baby/Toddler Gym class



10 am Tuesday

starting 24th September

€ 50 for 6 Weeks



Contact Ruth 089 264 7761

Mountrath Health & Fitness Academy, Patrick st, Mountrath, R32 DC58







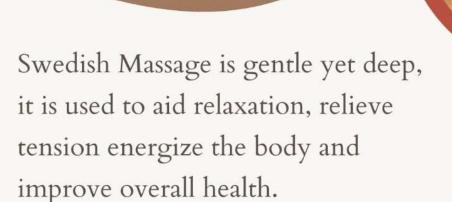


Revive Swedish Massage

8

REVIVE SWEDISH MASSAGE

RELAX AND REVIVE TODAY





- Full Body Massage 1 hour €50
- Upper Body Massage 45 minutes €35
- Lower Body Massage 45 minutes €35
 - 085 200 2497
 - Bloomhq, Mountrath, R32 DC58

Book Your Appointment





LOOKING FOR AN

OFFICE TO RENT

IN LAOIS?

FULLY SERVICED
OFFICES
FREE PARKING
CANTEEN
POSTAL ADDRESS
PHOTOCOPYING

CONTACT 089 272 2885 OR MANAGER@BLOOMHQ.IE



Bloomhq, Patrick St, Mountrath R32 DC58



SeniorLine

Would you like someone to talk to? SeniorLine is Ireland's national telephone service for older people, open every day of the year 10.00 am to 10.00 pm, they can be contacted on Freephone 1800 80 45 91.

Callers may feel isolated, alone, wish to discuss a problem in confidence, or for company during their day. SeniorLine's volunteers are trained to listen, to support, to discuss options and refer the caller to other helpful services available if necessary.

So don't be alone if sharing a problem would help, phone SeniorLine

St. Philomena's Hall Brigidine Convent Patrick Street Mountrath, Ireland

September 21/22, 2024 09.00 - 17.00 both days

Cost €345

Early Bird (deposit €50 paid before June 21st) €295.00 Bring your lunch or order in on site



ERIC DOWSETT

Eric has been sharing 'Clearing,' changing the way we view ourselves and our relationship to the environment for over 30 years.

Inspired from an early age by 'memories' of the teachings of the Buddha, Eric's path eventually led him to working 'clearing' environmental energies. The work evolved over time to working with people and sub-



sequently became a tool to use for his own personal growth, for you cannot 'clear' the energy of another if you yourself cannot embrace their issues.

By following this path he was able to move through a lot of his own past conditioning.

Now, the author of 6 books, with countless workshops in his resumé, he has simplified the work to be-ing, rather than do-ing.

Currently living in Switzerland, he has taught all around the world and continues to share his awakening understanding through residential retreats.

www.ericdowsett.com

developing practical mindfulness for everyday use author of "The Moment That Matters", "Loving Who Shows Up", "First Aid - A Guide to Greater Health and Happiness", "Collapsing the Wave", "Box! What Box?" and "In Search of the Death-Less State"



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Music Classes in

Mountrath

Violin

Thursdays 3-30 pm on from 3 years -adult

€ 20 for 30 min individual lesson

Irene 089 981 8065

Trad Music

Saturdays from 11 am 6 + years

€ 8 for 30 min group class

Eabha 083 856 6083

Piano

Sunday mornings 5+ years

Fr Fr

€20 per 30 min lesson

Heather 083 054 7772

















Brigidine Convent, Patrick st, Mountrath, R32 DC58

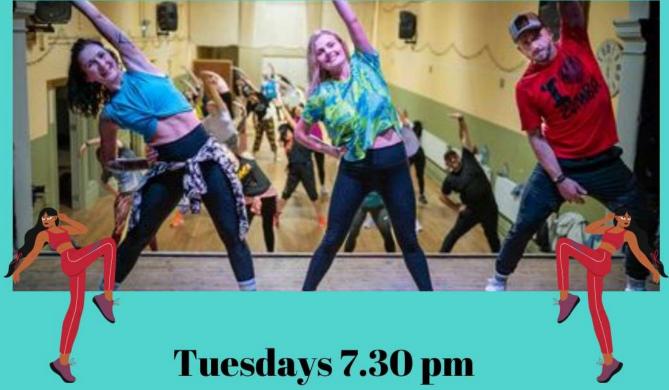
State of the Art Conference Centre with 7M Screen, projector, Full AudioVisual, Gigabyte Broadband





Zumba





St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings <u>www.fitandjoy.ie</u> for more information contact Joanna on 0894653938



LOOKING FOR AN

BLOOM HO

OFFICE TO RENT

IN LAOIS?

RENT FOR AN HOUR/A
DAY/WEEKLY
CONTACT 089 272 2885 OR
MANAGER@BLOOMHQ.IE



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Music Classes in

Mountrath

Violin

Thursdays 3-30 pm on from 3 years -adult

€ 20 for 30 min individual lesson

Irene 089 981 8065

Trad Music

Saturdays from 11 am 6 + years

€ 8 for 30 min group class

Eabha 083 856 6083

Piano

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Sunday mornings 5+ years

IN IN

€20 per 30 min lesson

Heather 083 054 7772







-GED FIT-COACHING

FITNESS CLASSES

TUESDAY &
THURSDAY
CLASS STARTS AT 7 PM

WEIGHTS & CARDIO TRAINING

ADDRESS:

MOUNTRATH CO.LAOIS EIR CODE: R32 DT9F

NO MEMBERSHIP NEEDED PAY ONCE YOU BOOK A CLASS





FOR MORE INFO & CLASS BOOKINGS CONTACT ME ON INSTAGRAM @GEDFITCOACHING

LIMITED SPACES
AVAILABLE



Classes for Primary School aged Children in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm from 6 years up, €6 per class Sensei Donal: 087 760 7063

Kickboxing 6.30 pm 8-12 years, €7

Fridays 5.30 pm 3-7 years, €7

First trial class free

Shane: 086 339 9287



8-12 years,

Brazilian Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu* € 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years € 30 for block of 6 classes Rhiannon: 089 211 5183

Thursdays 3.30 pm on. From 3 years - adult €20 for 30 min individual lesson

Irene: 089 981 8065

Violin



Saturdays from 11 am, 6+ years €8 for 30 mins group classes Eabha 083 8566083



Sunday mornings €20 for 30 min individual lesson Heather 083 054 7772

to book talk to the relevant teacher









Zumba





St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings <u>www.fitandjoy.ie</u> for more information contact Joanna on 0894653938

Saturday Morning **Circuit Training**



9-10 am



€ 7 PAYG or part of your monthly membership



The Old Convent, Patrick St, Mountrath, R32 DC58

contact 086 3262 570







Mountrath Music Rooms

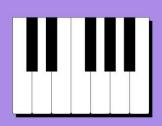
Lessons in BloomHQ



Violin Lessons
by Irene Ramos
089 9818065
iramos.violinstudio@gmail.com
Thursdays



Irish Traditional Music, Whistle, Flute, Concertina, Accordion, Fiddle, Banjo and Mandolin



Cliona & Eabha Dowling McDonald 083 8566083

Saturdays

Piano Lessons by Heather Gavigan 083 054 7772 Sundays



Contact the relevant teacher for times, prices etc

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month Adults €45 per month

€5 per class for under 18's €7 per class for Adults or included in Monthly Membership

Wednesdays
Kids 7-8 pm
Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497

Brigidine Convent, Patrick St, Mountrath, R32 DC58





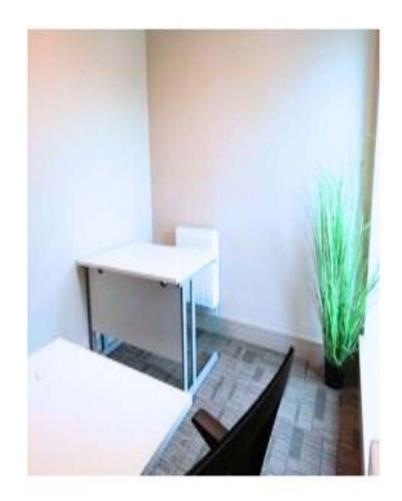






1 - 2 person offices for rent in our Social Enterprise centre in Mountrath





Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons by Irene Ramos 089 9818065 iramos.violinstudio@gmail.com

Thursdays



Irish Traditional Music, Whistle, Flute, Concertina, Accordion, Fiddle, Banjo and Mandolin

Cliona & Eabha Dowling McDonald 083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher for times, prices etc



Mountrath Music Rooms



Contact 089 272 2885 or 057 930 0036

- *Soundproof rooms
- *From € 15 per hour
- *Perfect for music lessons, counselling or grinds
- *free easy car park
- *Waiting space

Brigidine Convent, Patrick St, Mountrath R32 DT9F





Pay €12 weekly fee thereafter

For more info visit unislim.com

unislim.com | 1800 603020



Classes for Secondary School aged teens in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm €6 per class Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7 Shane: 086 339 9287

Wednesdays 8-9 pm & Saturdays 11-12 am



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€ 35 per month or €5 per class Jiu-jitsu* Jamie; 085 200 2497





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Sunday mornings 20 for 30 min individual lesson Heather 083 054 7772

to book talk to the relevant teacher











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Sunday mornings €20 for 30 min individual lesson Heather 083 054 7772

to book talk to the relevant teacher







Roadcraft Motorcycle Training

Mick Smith is teaching the new

RSA approved Motorcycle Initial Basic Training (IBT)

here in BloomHQ, the old Convent Mountrath.

For more details and to book see:

www.roadcraft.ie

www.facebook.com/roadcraft.ie



Music Teachers wanted



for Mountrath Music School
*soundproof rooms
*free parking

*waiting area for parents



contact Lucy 087 259 7895

Activities suitable for Senior Citizens in Mountrath

Mature Movers 50 + Mondays & Wednesdays 11 am





Bowls inclusive 11 am Tuesdays Bowls 8 pm Thursdays

Mountrath Men's Shed Tuesdays 10 am- 1 pm Thursdays 2 pm- 4 pm contact 085 705 3855





Activator Poles Inclusive Thursdays 11 am

contact Ruth 086 3262 570











VIOLIN LESSONS

by Irene Ramos

- · Discover the joy of music and unlock your creativity
- · Weekly individual and ensemble classes for all ages
- From 3-year-olds to adults

Studio based Mountrath

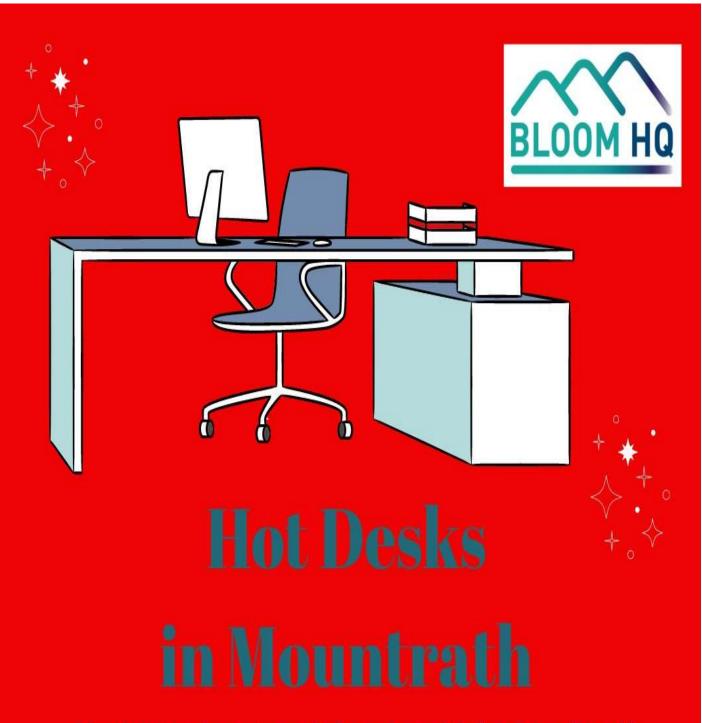
FOR RATES AND/OR MORE INFO PLEASE CONTACT ME

Phone: 0773222323

Email: iramos violinstudio@gmail.com







Need somewhere to work for a day with fast broadband? Free parking, canteen onsite.

Desks from 10 euro per day Book on https://connectedhubs.ie

Mountrath Men's Shed







Old School on Patrick Street



Tuesdays 10am - 1pm Thursdays 2pm - 4pm

Contact 0857053855







Karate Classes



Mondays & Thursdays 7 - 8 pm





Juniors and Adults



Okinawan Karate



Black Belt Instructors

contact Sensei Donal, 5th dan 087 760 7063 Martial Arts Centre, Old Convent, Mountrath, R32 DC58



HIIT Lunchtime class

High-Intensity Interval Training

Tuesdays & Thursdays

1.15 pm for 40 mins 5 euro a class or

part of your monthly gym package

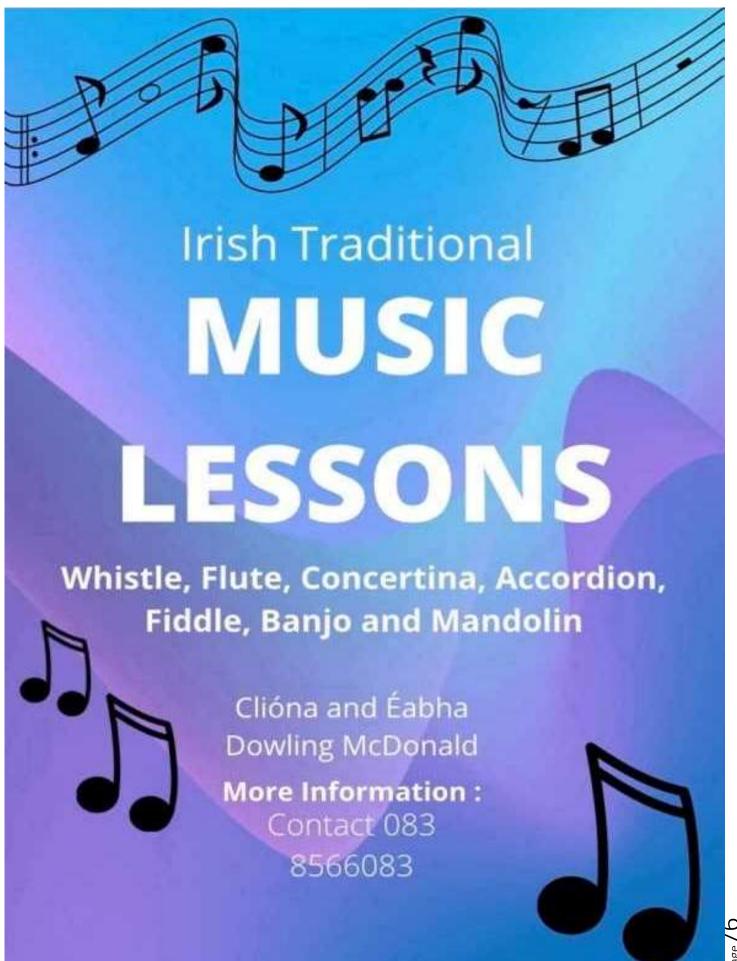
Book with Ruth 086 3262 570











Music Classes in Mountrath

- Lessons in BloomHQ
- Violin Lessons by Irene Ramos

 0773222323
 iramos.violinstudio@gmail.com
- Irish Traditional
 Music, Whistle, Elute.
 Concertina.
 Accordion, Fiddle,
 Banjo and Mandolin
 Cliona & Eabha
 Dowling McDonald
 083 8566083

Contact the relevant teacher to arrange days/times/prices



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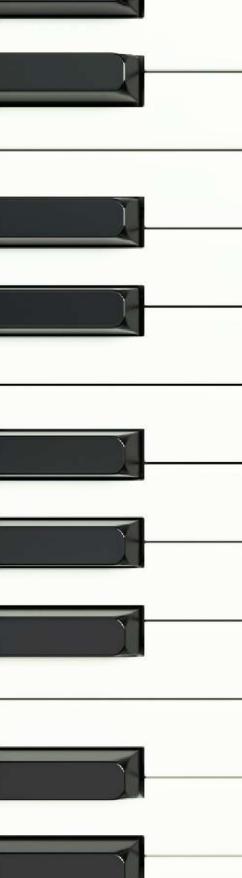
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For our new Music Rooms Contact Lucy 087 259 7895

The Old Convent, Patrick St, Mountrath, R32 DC58





Mountrath Scouts



Looking for a way for your kids to learn new skills and spend time in the great outdoors why not try scouts!

For all ages from beavers to ventures and into leaders!

Friday nights

In the brigidine convent (Bloom HQ) Patrick street mountrath R32 DC58

7:00 till 8:30

€5 pp

or

€4 per sibling

Scouts is a way to

- Meet new people.
- Learn new skills.
- Spend time outside.
- Make friends for life



To care for those who once cared for us is one of the highest honors in life.

- Tia Walker



Special Kildare/Carlow Pilgrimage (Limited availability) to Fatima EX Dublin Easter 2025

Flying with TAP Airlines

Also 13th June 2025 for Feast of Saint Anthony,

13th October 2025 for Miracle of Sun

Contact James Treacy 061921470

jamestreacyphotography@gmail.com

Payment can be made by instalments

Daily Itinerary



Day 1 - Holy Thursday (Apr 17th)

- Depart Dublin Airport at 05.35 a.m. and arrive into Lisbon Airport at 08.35a.m.
- On arrival transfer to Fatima where we will check into our hotel.
- · Lunch will be provided at the hotel.
- · Free time for optional activities.
- · Dinner at Hotel.
- · This evening we will attend Holy Thursday Mass.

Day 2 - Good Friday (Apr 18th)

- Following breakfast at our hotel we will walk the Way of the Cross.
- Lunch in Hotel.
- This afternoon, we will have a guided tour of the Sanctuary area visiting, the Capelhina, Rosary Basilica, the graves of the three children.

Day 3 - Holy Saturday (Apr 19th)

- This morning after breakfast we will visit the Parish Church, Valinhos and Aljustrel.
- · Lunch in hotel
- Following dinner we will attend the Vigil Mass in the Sanctuary.

Day 4 - Easter Sunday (Apr 20th)

- Following breakfast, we will attend the Rosary and international Mass in the Sanctuary on this Easter Sunday morning.
- · Lunch in hotel.
- Afternoon is free for optional activities.
- Dinner in Hotel.

Day 5 - Easter Monday (Apr 21st)

- After breakfast, we will depart Fatima on our optional tour of Nazare & Bathala.
- A packed lunch will be provided.
- For those staying in Fatima, lunch will be provided in the hotel.
- · Dinner and overnight.

Day 6 - Tuesday (Apr 22nd)

- We bid farewell to Fatima and make our way to Lisbon Airport.
- Enroute, we will have a short visit to Santarem and visit the Church of The Holy Miracle. We will
 have time for private prayer in this special place.
- · We will then continue onto Lisbon Airport.
- Our flight departs Lisbon at 3.20pm and arrives into Dublin Airport at 6.10pm.







Д



FATIMA PILGRIMAGE



17th - 22nd APR '25

Group Leader: James Treacy
Escorted Tour

FATIMA where the Blessed Virgin appeared to the three children, Lucia, Francisco, and Jacinta in 1917 is now one of the greatest Marian Shrines in the world.

VISITING: Chapel of the Apparitions - The Church of the Holy Trinity - Guided tour of the Sanctuary - Hungarian Stations of the Cross - Aljustrel - Partake in the Easter Celebrations

INCLUDES:

- Return flights ex Dublin to Lisbon
- 23kg checked in luggage per person
- Coaching as per the itinerary
- 5 nights full board basis staying at 3* Santo Amaro Hotel
- Religious itinerary with a guided tour of the Sanctuary area and excursion to Aljustrel
- Taxes and Charges

EXTRAS:

- Single room supplement: €200.00 for duration (first come first served basis)
- Travel Insurance*: €50 per person up to 79years of age and €75 per person between 80 & 94 years of age
- Items of personal nature.
- · Additional meals not listed.
- · Valid Passports are required.
- Optional Day Trip prices will be given locally by our guide.

*Any person taking our travel insurance must get a form signed by their GP at time of booking and this form must be taken to Fatima with you.

HOTEL SANTA AMARO:

Located a 5-minute walk from the Sanctuary of Our Lady of Fatima, Hotel Santo Amaro is the place where comfort and well-being are privileged. Hotel Santo Amaro offers you services of the highest quality so that you can enjoy your stay to the fullest. Our two excellent restaurants, where you can taste the typical cuisine of the region, are worthy of special mention. The hotel also has a chapel, two bars, and a souvenir shop. All guests have access to free wifi.

Cost Per Person €859pp sharing

Non-refundable €300 deposit plus insurance premium required at time of booking to secure place







For further information please contact:

Group Leader James Treacy: Tel 061-921470 or Mob 086-0572216 Barter's Travelnet: 021 485 1700 or kcallaghan@travelnet.ie

Catholic Marriage Encounter

Catholic Marriage Encounter in Ireland is a Weekend experience is for married couples who want something more in their marriage - more fun, spontaneity, excitement, communication, understanding, romance, intimacy, passion, joy.

Our next Marriage Enrichment Weekend is Friday 8 - 10 November 2024

Venue: Focolare Centre, Prosperous, Co. Kildare

Online booking only: www.marriageencounter.ie

Medjugorje Pilgrimages April – Oct 2024

Medjugorje Pilgrimages April – Oct 2024.

7 Nights Apartment B&B from €273 per person sharing. Airport transfer available on request. Contact us for details and book the dates that suit you.

Tel. 01 4434510 or website <u>www.med-irishcentre.com</u>

Email: reservations@med-irishcentre.com

Thank you - for your very generous support of and continued and ongoing commitment to Ballyfin Parish Finances and Ballyfin Parish

Lotto - throughout 2023Your kind and generous support is very much appreciated.

BALLYFIN PARISH ACCOUNTS 2023

INCOME

Basket Collection: € 16,305

Envelope Collection: € 25,986

Shrine Income: € 876

Rental Income: € 5,800

Fundraising: € 3,140

Donations: € 1,050

Tax Refunds: € 22,807

Church Bookings: € 460

Lotto Income: € 13,898

Other Income: <u>€ 2,421</u>

Total: € 92,743

EXPENDITURE

Diocesan Levy: € 6,576

Insurance: € 5,775

Light and Heat: € 17,570

Repairs and Maintenance: € 21,532

Pastoral Programmes: € 1,720

Security: € 273

Cleaning: € 263

Rates, Water, Waste: € 421

Diocesan Retirement Fund: € 1,000

Missallettes: € 1,870

Altar Requisites: € 3,657

Telephone/Broadband: € 1,379

Computer Hardware: € 3,219

Youth/Community: € 640

Bank Charges: € 880

Collections: € 200

<u>Total:</u> **€** 66,975

Update on Repairs to St. Fintan's Church, Mountrath

Over the past month or so we have been working on the roof and roof gutters of the church.

The following repairs have been effected.

- 1. Repairs to the valley (between the church spire and the main roof. This valley has been leaking for years now and in spite of engaging steeplejacks and people who claim to be experts in this field we have been unable, up to now, to track down the leak. I am happy to relate that we have now "tracked down" the leak and it is now fully repaired.
 - 2. The roof gutters were in very bad repair

 We have done the following with the gutters

 All gutters cleaned out and washed down (There was a tree growing in one of the gutters) this has now been removed

 All leaking joints repaired (which was most joints)

 All gutters sanded and prepared for painting

 2 coat specialized paint applied to all the gutters.

Downpipes and the other pipes which are taking rain water from the higher roof were cleaned down – repaired where necessary and 2 coats paint applied.

All bushes and trees and a leylandii hedge (which was dead) and which were growing wild on the convent side of the church have been removed.

This work was needed to be carried to allow access to the gutters - Also it allows additional (and much needed) light into the church.

All roof flashings attended to – checked out and replaced where necessary.

Some missing slates were replaced.

Some defective lead flashing was removed and replaced with new lead flashing.

To access the gutters and the roof, we hired out 2 boom hoists. – just to say that the highest point which needed to be accessed was in excess of 70 feet from ground level. – One of the hoists we used was the largest of its kind in Ireland.

Now that the roof (and valley) are repaired we can now proceed with the completion of the painting of the church - mostly in the choir gallery area.

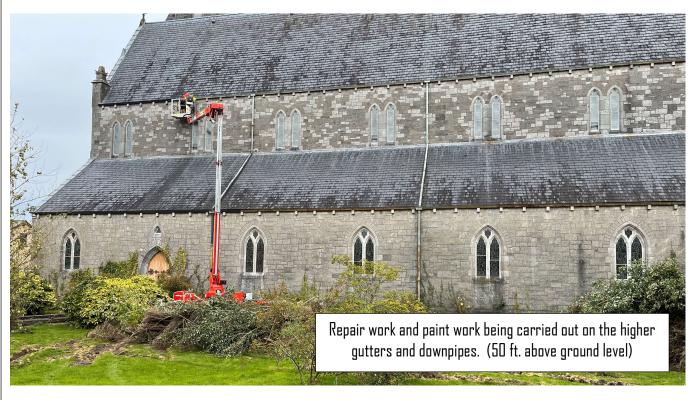
The following are a few pics. of the boom hoists in use, as work progressed



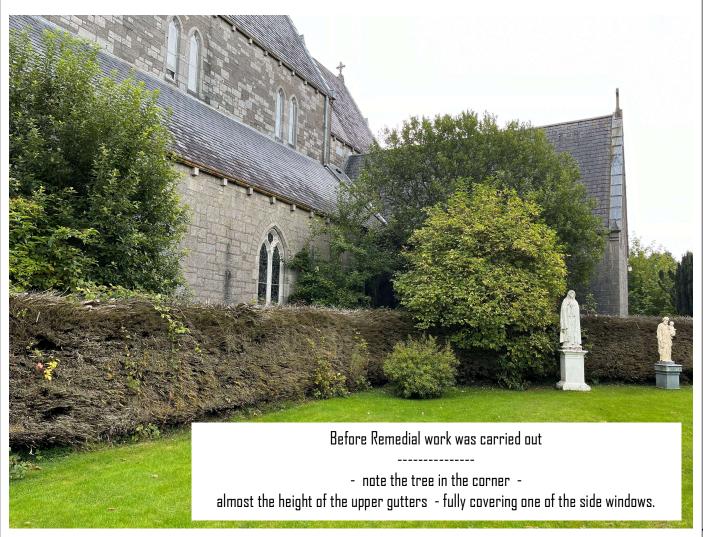




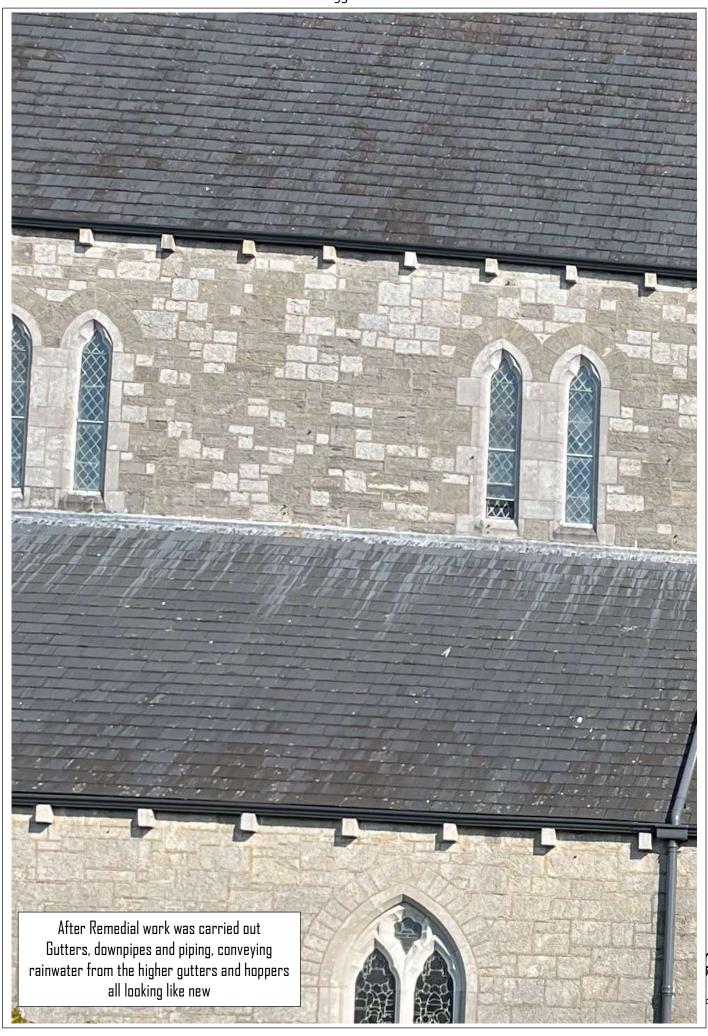




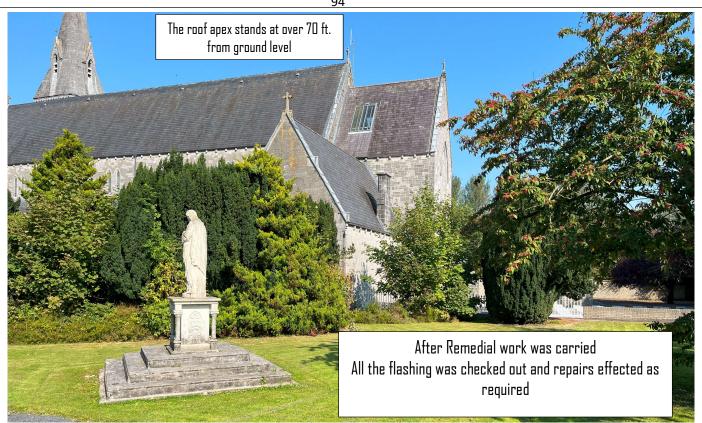


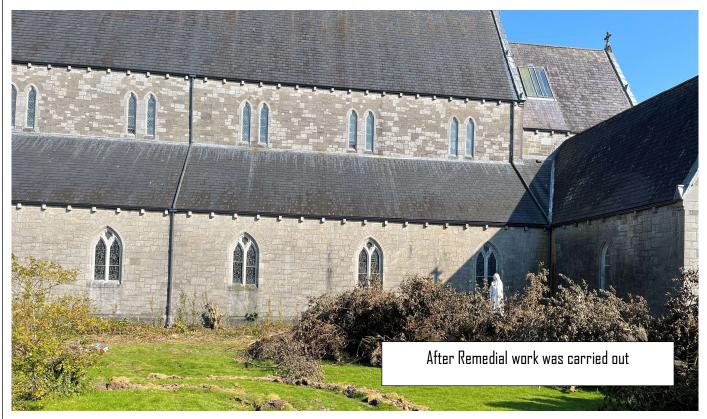


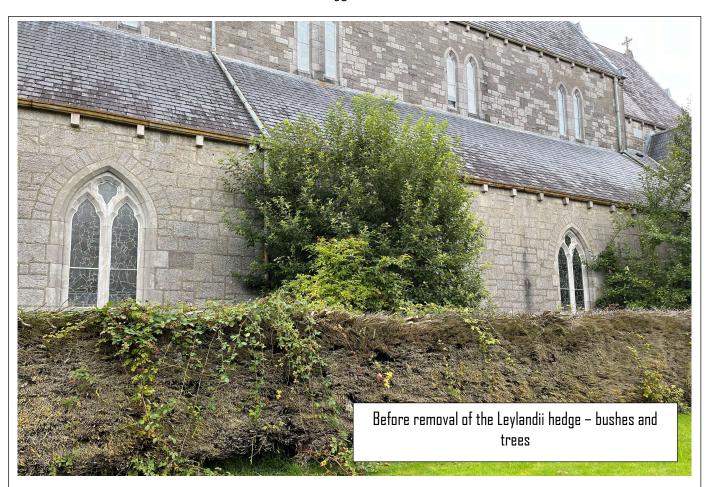




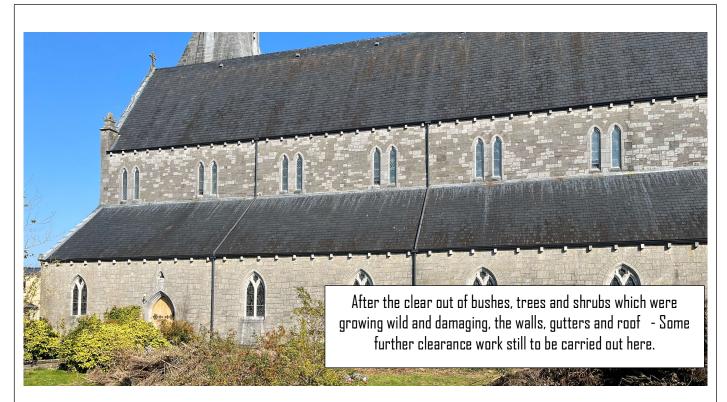
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A very special note of thanks to Alex who executed all this work so consciously and so expertly for me. – and to everyone else who helped out over the past month or so. To Telford's – our suppliers of materials and indeed to all who have made this important work possible

Thank you for your continued support of Parish and Parish life.

In my opinion, there is only one way to describe Mountrath Church - inside and outside - It is truly a work of art.

As Bishop Comerford described Mountrath Church "One of the finest church buildings in the Diocese".

God bless the skilled, highly crafted and truly gifted people who dedicated their lives and sacrificed so much to procure such a fine structure for Mountrath.

St. Fintan's Church, Mountrath surely stands as a timeless monument to their memory.